

JUST ASK!

“First impressions”

THURSDAY 27 MARCH 2008

Life was never meant to be a struggle!

“**JUST ASK**” is a monthly one hour information session on a specific topic, carefully chosen by experienced practitioners, who talk about their area of expertise. The presentation is followed by a question and answer session, and refreshments.

The topic this month is: “**First impressions**”, given by Myriam Hoffmann, Image Consultant. She will address the subject of “image”. Why is it so important? How important it is to look and feel good and how it reflects on our entourage.

We look forward to seeing you at our new JUST ASK information evenings. Life Motivations strives to help you increase your knowledge of how to achieve and maintain a healthy, balanced lifestyle.

The conference will be in French (interpretation in English will be available)

Time : 19:00 - 20:00 Investment : 30 CHF

Registration : daniele@lifemotivations.ch



Life Motivations

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For directions visit our website.