



# Heal Your Life

Every Tuesday evening from 19h00-21h30  
January 24, 31 and February 7, 14, 21 2012

## 5 Week Study Course with Kamy Rea Lavanchy

Experience this powerful **5 week Intensive Study Course** originally developed by best- selling author Louise L. Hay (*You Can Heal Your Life* and *The Power is Within You*).

This is an immediately applicable and very interactive course ensuring participants walk away with real skills to apply in all areas of their lives. Discover how powerful and enjoyable change can be. An experience you will not regret!

This study course is open to men and women.  
It is proven to provide and practice the tools to:

- ♥ Develop awareness of negative beliefs that hinder your everyday life
- ♥ (you will be stunned to learn what has been running your life)
- ♥ Learn how to reprogram your hard drive (your unconscious mind)
- ♥ Amaze yourself at all the ways you actually create resistance
- ♥ Understand your behaviors - do away with anger and re-actions
- ♥ Eliminate self-criticism as you build self confidence
- ♥ Use affirmations to create change in your life
- ♥ Recognize your pain-body (when your buttons are being pushed)
- ♥ and learn how to abolish it once and for all
- ♥ Create more peaceful and authentic loving relationships
- ♥ Learn how easy it is to incorporate daily meditation into your life
- ♥ Practice living in the present moment while experiencing its benefits
- ♥ Feel more peaceful in general and recapture your energy

Participation: Frs 450.- Place: Life Motivations



**Life Motivations**

[www.lifemotivations.ch](http://www.lifemotivations.ch)

For registration, please contact: [kamy@lifemotivations.ch](mailto:kamy@lifemotivations.ch)  
5 chemin de la Radio, route de Vireloup à Colovrex, Bellevue (Bus Z arrêt planet)

# At Life Motivations Centre

**Who should attend:** Women, men, teenagers (as from 16 years old) mothers with their children, husband and wife, friends or simply alone. Anyone who wants to change their life for a happier, healthier and wiser life. I believe that this work be taken by everyone as part of life's management skills. It changed my life!



## **About the Course Leader:**

Kamy Rea Lavanchy is a Certified Heal Your Life® Facilitator, Life Coach, Massage therapist and Reiki practitioner whose passion is to share these philosophies and practices with you so that you can embrace the abundance of life through mind, body and spirit.

## Testimonials

- √ "A very interesting and deep approach to discover about yourself in a safe environment. The intensity allowed to go deep into the unconscious." Geneva
- √ "I am so grateful for all the tools that I discovered during this workshop and the sharing of such strong emotions with these amazing participants." Geneva
- √ "I loved the sharing, which gave us the opportunity to realize that all of us have similar fears and experiences. The charisma, enthusiasm and energy of you, Kamy, and the opportunity you gave me to see life through different eyes, how important it is to love oneself, the affirmations, mirror work, deservability and forgiveness, were immensely powerful and have hugely beneficial to me!" Nyon
- √ "This truly is a wonderful emotional journey. I have managed to get in touch with the real me and although I have a long way to go I have really benefitted from this experience. Nothing can beat the hands on approach - thanks Kamy" Geneva
- √ "Kamy has a wonderful combination of real expertise and competence and genuine caring and empathy. She is truly committed to helping people improve their lives and wherever you are on your own journey in life she will help you move further along it!" Geneva
- √ "This workshop was much more than I expected, Excellent support, handouts, advice and practical tools." Geneva
- √ "This workshop provides life saving tools that help you to move forward a freer, more accepting and loving person!" Geneva
- √ "This workshop has positive life-changing implications for all who are willing and open to the experience of it and I highly recommend it." Nyon
- √ "It was a great experience, largely worthwhile." Geneva
- √ "This course reminds us of how life was really meant to be lived. It helps us build and incorporate the principles into our daily life. Kamy is dynamite as a facilitator!" Nyon

## **Venue: Life Motivations Centre**

### **A) From Place des Nations:**

1. Follow Route de Ferney, passing the Intercontinental hotel.
2. In Gd-Saconnex, 1.7 km from ONU, turn right at traffic lights (direction Collex, Colovrex, Chambésy, Prégny).
3. At roundabout (at HERTZ car rental), continue direction Collex for another 1.8 km to Colovrex.
4. Just after the Colovrex signpost, make a sharp right turn onto Chemin de la Radio (opposite bus Z stop 'Planet').
5. Drive 50 m and turn left (white house) and park in the rear of building. Life Motivations is at back entrance.

### **B) From Motorway : Coming From Lausanne:**

1. When approaching Geneva, follow signs for Airport/France and take the Ferney/Gd-Saconnex exit (N°7 exit).
  2. Go straight through traffic lights and follow directions for Collex for 2km to Colovrex.
- Then same as A 4-5.

### **C) Coming From Airport:**

1. Take the Ferney/Gd-Saconnex exit (N°7 exit).
2. At roundabout, follow directions for Ferney
3. At first traffic lights, turn right and after 0,6km, at next traffic lights, continue direction Collex for another 1,4km to Colovrex. Then same as A 4-5. **Or take the Z Bus, and get off at stop PLANET.**